

**Stellhorn Chiropractic  
4401 Blum Drive  
Fort Wayne, IN 46835**

**INFORMED CONSENT FOR CHIROPRACTIC CARE**

When an individual seeks chiropractic health care and we accept a patient for such care, it is essential for both the doctor and patient to be working for the same objective. It is important that each patient understand both the objective(s) and method(s) that will be used to obtain this objective. This will help prevent confusion or disappointment. You have the right, as a patient, to be informed about your condition, the recommended care to be provided and the known benefits, risks, and alternatives so that you can make informed decision whether or not to undergo chiropractic care.

Chiropractic is a science, philosophy and art which concerns itself with the relationship between the spinal structure and the health of the nervous system. As chiropractors, we view health as a state of optimal physical, mental, and social well-being, not merely the absence of disease or infirmity.

One disturbance to the nervous system is called a vertebral subluxation complex (or VSC). This occurs when one or more of the 24 vertebra in the spinal column become misaligned and/or do not move properly. This causes an unhealthy change to nerve function and interference to the nervous system. This may result in pain and dysfunction or may be entirely asymptomatic.

Subluxations are corrected and/or reduced by chiropractic adjustment. An adjustment is the specific application of force to correct and/or reduce vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine. Adjustments are done by hand where pressure is applied on the specific segment(s) of the spine to adjust the vertebrae into a better position.

**Stellhorn Chiropractic's intent in offering its services is to bring about the correction of the vertebral subluxation to improve quality of life and maintenance of health. (\*)**

If at the beginning or during the course of care we encounter non-chiropractic or unusual findings, we will advise you of those findings, recommend further testing or refer you to another healthcare provider.

Chiropractic care has been proven to be very safe and effective. It is not unusual however, to be sore after your first few adjustments. Although rare, it is possible to suffer from other side effects; i.e. muscle spasms, stiffness, rib fracture, headache, dizziness, and stroke.

\*This approach to care is commonly considered **non-covered** by Medicare and Third-Party Payers.

All questions regarding the doctor's objective to my care in the office have been answered to my complete satisfaction. The benefits, risks, and alternatives of chiropractic care have been explained to me to my satisfaction. I have read and fully understand the above statements and therefore accept chiropractic care on this basis.

Signature: \_\_\_\_\_ Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_